

# International Bodyguard & Security Services Association Executive President: 1276 Budapest 22 P.O. Box 28, Hungary E-mail: president@ibssa.org

## The Head Master of the Israeli System of Military Self Defence – Krav Maga<sup>©</sup> Dr. Rony KLUGER visits ITALY February 2003

The Israeli system of military self-defence - Krav Maga, is a unique system of self-defence. It was designed and developed in Israel, specifically for the use of the security forces.

It is not a martial art. It is a very practical and instant way of learning self-defence. It is built around the deep understanding and study of the most natural, intuitive way of human reaction to physical violence. The results are immediate, after each training section the learned material is usable by all participants; the level of real application is of course an outcome of the amount of training and its depth. Among the participants there are many well-trained and experienced instructors: for them it is a wonderful way to experience enlarging their understanding. For the participating martial artists it is an exemplary way to apply and develop the practical use of their own martial art. It is a very systematic, straight on, simple applicable system of self-defence to most realistic violent situations.

The system is also a very "handy" for an average person. A great way to give in the hands of any person wishes to have the simple tools to keep their own safety. The system is a modern development and realization of our times. The system is aiming to answer the need to a practical, simple way of self-defence, especially for the use of the security forces as well as citizens.

The Israeli system of military self-defence was developed by Dr. Rony KLUGER, who served as a Krav Maga Instructor during his service in the Israeli defence forces, and during many years he acted as official analyser and expert advisor to various official security agencies of Israel and worldwide. Dr. KLUGER established and led the martial arts Department in Israel's main Institute of Sport and Physical Education the well-known "Wingate Institute", after serving the government for over 19 years; he serves today as faculty rector of the Israeli College for Security and Investigation. Dr. Rony KLUGER has a very firm background in traditional martial arts. He is the dean of the International Budo Academy and the head of Karate Do International Renmei. He is a recognized officer of the historical Dai Nippon Butokukai and certified hachi dan (8<sup>th</sup> degree) in karate do, and also certified kyoshi (teacher of teacher's). He serves as official shibucho of Okinawa Goju Ryu Karate Do Kyokai, Jundokan. Dr. KLUGER is one of the most senior western students of the late Miyazato Eichi, hanshi, Ju Dan of Okinawa. He is certified 8<sup>th</sup> dan ju jitsu as a personal student of Soke Giacomo Spartaco BERTOLETTI, 1<sup>st</sup> Vice President of IBSSA, President of WJJKO. Dr. Rony KLUGER is certified in traditional Okinawa kobudo, tai chi and iai. He is a full time professional teacher of fighting arts, a Budo educator.

## LECCE, Krav Maga and Okinawa kobudo course

On 19<sup>th</sup> February the city of Lecce and Gino NOSI sensei hosted Dr. Rony KLUGER for the second time. The course was organized by the sports association Budoryu run by the above-mentioned master on the 19<sup>th</sup> February. The training section had two parts. The first part was about the Israeli system of military self-defence: the training is an introduction of the system for martial artists. We dealt with various situation solving procedures and general principles of the system. The second part presented the Okinawa kobudo, rukshaku bo. This training section was a pure traditional introduction to the great Okinawan tradition of the use of the weapons of this magic island.

The bo was presented by kancho Rony KLUGER (8<sup>th</sup> dan karatedo & kobudo) to the excited group of local martial artists. He emphasized that all weapons have their own kyhon (basics), kata and kumite. This time the training included kyhon and tai sabaki applications with the bo. At the end of the training section Kluger sensei demonstrated a kata of bo.

Both training sections were well received by all participants and the next course is under preparation for the great people of Lecce.

## 2<sup>nd</sup> Krav Maga training at Vito SIMMI sensei's dojo in BARI

The first training section of the Israeli system of military self-defence at Vito SIMMI sensei's dojo in Bari was six months ago, for the famous National Karate Teams of Italy and Germany. On 20<sup>th</sup> February we had a very fine team of traditional budoka as participants of this second experience of the famous Israeli system presented by Dr. Rony KLUGER on 20<sup>th</sup> February. The training covered some basic principles of the system, emphasized the importance of fluid movements and the importance of the relevant vital points in real situations. It was a very fine and demanding training section and we already looking forward to the next opportunity to upgrade the basis we have laid down.

## Krav Maga course Palermo, SICILY

The first official Krav Maga course was organized in Palermo by sensei Mario PANCI and by Pietro Colonna ROMANO, aikido sensei, on 21<sup>st</sup> and 22<sup>nd</sup> February. The event was arranged in the beautiful city of Palermo and in the beautiful Aiki dojo.

The course was a great success; martial artists from various styles joined and received a great training section. Advanced techniques and typical training routines were introduced to the participants and knife techniques where taught. Some important theoretical questions have been discussed, like the balanced control of violence and aggressivity in real situation. Dr. Rony KLUGER also gave a very interesting lecture concerning the balance and differences between budo and practical self-defence, like Krav Maga. As the result of the course we already prepare the first official 1<sup>st</sup> level assistant instructors course in Palermo.

We are all looking forward to the next possible meeting with our friends in Palermo.

## Krav maga course in Cerignola, FUGGIA

The last course in this very demanding teaching itinerary was in the beautiful city of Cerignola on  $23^{rd}$  February. The hosts and the organisers of the event were the famous FORTE brothers, Lucio and Giuseppe.

It was at the new dojo of the Forte family, the Budokan dojo. Over 25 participants attended our introductionary training section. During the long and intense trainings the participants learned and trained the basis of the system. We gave great emphasis to the reality of things outside the dojo. We went through basic principles and effective solutions for physical violence.

Here in Cerignola too, we enjoyed great atmosphere and really friendly hospitality. Looking forward for future cooperation and advancement of the system in this area.

Dr. Rony KLUGER General Secretary Chairman of Education and Qualification Department